

*Peter learned this singing game when Sam Rubin taught it to a group of 12–14 year-old children at Pinewoods Camp in the late 1980's. Many children have their own versions of this game. This is an energetic and engaging dance, particularly with upper elementary age children. Once you teach it, it will probably spread through the entire school.*

Down down ba - by, down by the rol - ler - coa - ster,  
 Sweet, sweet ba - by, I don't want to let you go.  
 Shim - my shim - my co - co pop, shim - my shim - my round,  
 Shim - my shim - my co - co pop, shim - my shim - my break down.  
 Two big kids, sit - ting on a fence, Trying to make a dol - lar out of  
 eigh - ty five cents. She missed, she missed, she missed like this.

**Source:** Down in the Valley (New England Dancing Masters)

**Game:** standing circle. Students clap both neighbors hands to the beat throughout the song. “roller coasters”: roll arms. “I don’t want to let you go”: hug yourself. “Shimmy shimmy... round”: slither down and up, bending knees. “Break down”: thumbs down. “she missed”: criss cross and uncriss cross each time the line is sung (3 times). Repeat dance but with legs crossed.

Video of the Amidons teaching the dance: <https://www.youtube.com/watch?v=TWSA6mX0DUU>

## Snail Snail

**Source:** Locke, Eleanor G. Sail Away: 155 American Folk Songs. Boosey & Hawkes, 1988. p.4.

Snail, Snail, Snail, Snail, Go a - round and round and round.

**Game :** Children form a line. One end player stands still, and the player at the other end moves in a wide circle, slowly winding the line up tight around the stationary person. After all are wound up tight, the outer coil wheels sharply in a contrary direction and all follow, retracing their steps.



# Canoe Round

1. My pad - dles keen and bright, flash ing - with sil - ver.

2. Fol low - the wild goose flight, dip, dip and swing.

2. Dip, Dip and swing her back, flashing with silver.  
Follow the wild goose flight, dip, dip and swing.

**Source:** Johnston, Richard. Folk Songs North America Sings. Caveat Publishers, Toronto, 1984. p. 29

## *Lil Liza Jane*

Come my love and go with me, Li'l 'Li - za Jane,

Come my love and go with me, Li'l 'Li za Jane.

*Refrain*  
O, E - li - za, Li'l 'Li - za Jane,

O, E li - za, Li'l 'Li - za Jane.

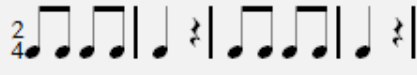
2. I've got a house in Baltimore, Li'l Liza Jane  
Street car runs right by my door, Li'l Liza Jane.  
*Refrain*

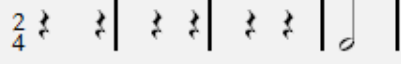
3. I've got a house in Baltimore, (etc)  
Brussels carpet on the floor, (etc)  
*Refrain*

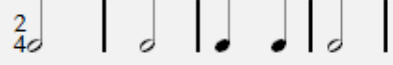
4. I've got a house in Baltimore, (etc)  
Silver doorplate on my door. (etc)  
*Refrain*

**Source:** Eisen, Ann and Lamar Robertson. An American Methodology. Sneaky Snake Publications, 2002. P.285.

## Lil Liza Jane Orffestration

Soprano xylophone:  $\frac{2}{4}$    
*ms mr d ms mr d*

Glockenspiel:  $\frac{2}{4}$    
*d/d'*

Bass xylophone:  $\frac{2}{4}$    
*d/s d/s d/sd/s d/s*